

Tooth Whitening: From Chairside to Chewing Gum!

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How does whitening work?

Chairside Options:

Professionally Supervised Options:

Over-the-Counter Options:

What about the other stuff?

My role in tooth whitening!

Resources

<i>Contemporary Oral Hygiene</i>	www.dentallearning.com/COH/subscribe	FREE
<i>Dimensions of Dental Hygiene</i>	www.dimensionsofdentalhygiene.com/	FREE
<i>The Journal of Practical Hygiene</i> • 800-899-5350	www.montagemedia.com	\$ 40.00 per year
<i>Journal of Periodontology</i> • 312-787-5518	www.perio.org	\$ 90.00 per year
<i>PERIO Reports</i> • 800-374-4290	www.perioreports.com	\$ 32.00 per year
<i>RDH Magazine</i> • 847-559-7501	www.subscribe-rdhmag.com	\$ 50.00 per year
ACCESS		FREE with Membership
<i>Journal of Dental Hygiene</i>		FREE with Membership

THE AMERICAN DENTAL HYGIENISTS' ASSOCIATION

1-800-243-ADHA • adha.org

Online National Dental Hygiene List Serves/ Groups:

amyrdh.com – Click on purple ribbon to join as a RDH “lister”

Subscribe-hygienists@adha.net – moderated by ADHA

Additional Notes